

So you're going to be an Exchange Student...

SOME DO'S AND DON'TS TO HELP MAKE YOUR YEAR SUCCESSFUL

Do Attend Rotary-sponsored events like the District Conference and Youth Exchange Orientations and Meetings, which take priority over all other events.
Do Getting involved in family events as well as school and community activities is strongly recommended for the benefit of your exchange.
Do Smile and be Happy to being among your new host people.
Do Talk over any problems with host parents or your Rotary counselor.
Do Behave like an Ambassador of goodwill for your country.
Do Write home regularly for your parents' information of what you are doing.
Do speak to as many people as possible and try learning as much of the native language as you can. Get a tutor right away.
Do mix with friends in your new country on weekends and holidays.
Do be tolerant of others with customs and culture different from yours.
Do Gratefully accept whatever you are given - physically or mentally
Do Expect your exchange year to be an once-in-a-lifetime experience.
Do get Enthusiastic about all possible activities; your time is limited
Do avoid having a boyfriend/girlfriend romantic attachment during your exchange. Make many friends.

Don't expect too much of anyone, then you won't be disappointed.
Don't plan outings and gatherings without seeking guidance and approval from your host parents and Rotary counselor.
Don't criticize your host country's customs and culture, nor unfavorably compare your host club and host families with others.
Don't be jealous of other exchange students, but be happy for them.
Don't speak your native language around those who can not understand it.
Don't spend too much of your social time with other exchange students; your exchange is for you to study the culture and people of your host country.
Don't Drink, Drive, take Drugs, Date someone seriously

